


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Pepperoni Pizza BLK: Pancakes & Sausage Crispy Chicken Wrap  Carrots Fruit	2 Hot Dog Chef Salad Chicken Nuggets  Broccoli Fruit	3 Crispy Chicken Sandwich Teriyaki Chicken w/ Rice Club Wrap  Peas Fruit	4 Buffalo Chicken Wrap Corn Dog Cheese Quesadilla  Carrot Coins Fruit
	Cereal Fruit Milk	Breakfast Pastry Fruit Milk	Breakfast Bar Fruit Milk	Muffin Fruit Milk
7 Chicken & Broccoli Stir Fry Chicken Alfredo Turkey & Cheese Sandwich Corn Fruit Bagel's w/ Cream Cheese Fruit Milk	8 Italian Dunkers Cheeseburger Caesar Salad  Carrots Fruit Yogurt Fruit Milk	9 Orange Chicken Pepperoni Pizza American Sub Sandwich  Green Beans Fruit Fruitel Fruit Milk	10 Baked Penne Pasta Nachos Chef Salad  Black Beans Fruit Cereal Fruit Milk	11 Macaroni & Cheese Chicken Wrap Sweet & Sour Chicken  Broccoli Fruit Pancake Bites Fruit Milk
14 Spaghetti w/ Meatsauce Meatball Sub Caesar Salad  Corn Fruit Popart Fruit Milk	15 Pibil Tacos BKL: French Toast & Sausage Sunbutter & Jelly Sandwich Refried Beans Fruit Molletes Fruit Milk	16 Hot Dog Teriyaki Chicken w/ Rice Fiesta Salad  Carrots Fruit Mini Cinnis Fruit Milk	17 Crispy Chicken Wrap Glazed Chicken Drumstick Enchiladas  Broccoli Fruit Muffin Fruit Milk	18 Chicken Tenders Pepperoni Pizza Chicken Salad  Green Beans Fruit Cereal Fruit Milk
21 	22 Bean and Cheese Burrito Turkey & Cheese Sandwich Hamburger  Peas Fruit Breakfast Pastry Fruit Milk	23 Rotini with Meatsauce Chicken Caesar Salad Chicken Sandwich  Green Beans Fruit Mini Bagels Fruit Milk	24 Corn Dog Popcorn Chicken Fruit and Yo To Go  French Fries Fruit Cereal Fruit Milk	25 Orange Chicken Beef Tacos Sunbutter & Jelly Sandwich  Carrot Fruit Fruitel Fruit Milk
28 Sweet & Sour Chicken Pepperoni Pizza Chicken Wrap  Corn Fruit Cereal Fruit Milk		<b>*Menu subject to change without notice due to unforeseen circumstances*</b>		
				<i>"This institution is an equal opportunity provider."</i>

**USDA Meal Requirements Helping Build A Healthier Tomorrow For Students**

Through the Healthy, Hunger-Free Kids Act (HHFKA) championed by the First Lady and signed by President Obama, the USDA began making changes to school meals two years ago. These changes included greater emphasis on reducing saturated fats, sodium and sugar in the menus, while also increasing food sources rich in nutrients like vitamins A and C, fiber and calcium.

The HHFKA standards align school meals with the latest nutrition science and are required to be consistent with the Dietary Guidelines for Americans. You can read more about the Dietary Guidelines for Americans at <http://www.health.gov/DietaryGuidelines/>.

These guidelines are reviewed and revised every five years.

Responsible reforms like the HHFKA aim to do what's right for children's health and for the health of our country. It takes teamwork to help children understand good nutrition, encourage them to eat more fruits and vegetables and teach them how to maintain fitness for a lifetime. Together we can help ensure students today have greater opportunities for success tomorrow. Please encourage your child to eat balanced meals, try new foods and eat their daily fruits and vegetables.

Nutritional information is available at the food service office.

Menu subject to change without notice.  
\*Indicates pork product



WE OFFER FAT FREE, 1% OR CHOCOLATE MILK WITH ALL MEALS