



## Go In-Network and Save On Your Lab Costs

There's an easy way to save money on your healthcare expenses, and it's one you might not even think about: getting lab work done in network. With your health plan, you may save big on lab services just by getting all of your testing done at an in-network lab. That's because many labs, doctors and other healthcare providers in the network agree to provide services at reduced rates for members. This helps you save. You can visit any lab you choose, but will save the most at labs in your network. Please note, Lab Corp is not a network lab.

### Two ways to make sure you save

Here's what you need to do to make sure you save—every time you need lab work:

*Is your doctor collecting your sample in the office?*

Just ask that it be sent to a participating lab.

*Is your doctor sending you to a lab for the testing?*

Ask for a lab requisition form to an in-network lab. This lets you go to a lab in your network.

### Find an in-network lab

You can use the DocFind directory anywhere you have Internet access. Just:

1. Visit [www.aetna.com/docfind/custom/mymeritain/](http://www.aetna.com/docfind/custom/mymeritain/)
2. Then, type in the type of provider or provider name under *Who or what are you looking for?* (for example, you could type in *Quest* here when looking for an in-network lab) and the desired geographical area under *Where?*. Then, click *Search*.

3. Choose *Aetna Choice® POS II (Open Access)* under *Select a Plan*.

OR

4. Click on *Labs and Diagnostic Center* and then *Laboratory [including Quest Diagnostics]* under the *Provider Types, Conditions or Procedures* section. You'll be prompted to key in the desired geographical area and select your plan (as shown in step three).
5. Then simply choose your preferred lab from the list of in-network labs displayed on the results screen. You can learn more about each by clicking on the lab's name.

If you have any questions, or need any help finding an in-network lab or doctor, just call Meritain Health Customer Service at the number on the back of your ID Card.

### For even more advantages

Quest Diagnostics is a preferred network lab that offers you other advantages.

- **Convenience.** Visit Quest Diagnostics at [www.questdiagnostics.com](http://www.questdiagnostics.com) for online appointment scheduling.
- **Lower prices.** Lower your out-of-pocket costs and keep your money where it belongs—in your pocket.
- **Nearby locations.** With thousands of locations nationwide, you can find one close to your job, home or doctor's office.
- **Skilled staff.** Locations are staffed with professionals to help you with all your lab needs.
- **Reminders.** You get email reminders to help you stay on top of your appointments.