





EAT THE RAINBOW

TOMATO, APPLE, CHERRY	STRAWBERRY, BEET
ORANGE, PUMPKIN	SQUASH, CARROT
BANANAS, MANGO	PINEAPPLE, PEAR
KIWI, BROCCOLI, PEAS	KALE, SPINACH
BLUEBERRY, FIG, PLUM	BLACKBERRY, GRAPES
POMEGRANATE, PRUNE	EGGPLANT, BLACK CURRENTS