

OCTOBER

Pierson Vocational High School Menu



Questions or Comments?
 Ed Banuelos
 Director of Dining Services
 Phone: 520-287-0800 ext 2520



MONTHLY PROMOTION

Check out our new website, NutriSlice. This website allows for you to build your child's menu for the day, keep track of calorie intake and much more! Go to nurd.nutrislice.com!

DAILY SELECTIONS

Hamburger or Cheeseburger
 Spicy Chicken Sandwich
 Cheese or Pepperoni Pizza

DAILY SELECTIONS

Deli Subs
 Fresh Fruit and Vegetable Bar
 Assorted Low Fat Milk

This institution is an equal opportunity provider.

Monday

2 Breakfast
 French Toast Stick
Lunch
 Chicken Alfredo
 Chef Salad
 Cheeseburger
 Beef Corn tacos
 PB & J Sandwich
 Veggie of the Day

Tuesday

3 Breakfast
 Ham & cheese Omelet
Lunch
 Corn Dog
 Cheese Filled Breadstick
 Sweet & sour chicken
 Chicken Salad
 Ham Sandwich
 Veggie of the Day

Wednesday

4 Breakfast
 Pastry
Lunch
 Cheeseburger
 Chicken Parmesan
 Cheesy beef Quesadilla
 Ham & Cheese Salad
 Baked Potato w/ chili cheese
 Veggie of the Day

Thursday

5 Breakfast
 Golden Pancakes
Lunch
 PB & J Sandwich
 Chicken Teriyaki
 Grilled Cheese Sandwich
 Beef Lasagna
 Chicken Caesar Salad
 Veggie of the Day

Friday

6 Breakfast
 Egg & cheese Quesadilla
Lunch
 Chicken tenders
 Chicken Enchiladas
 Spicy Chicken Sandwich
 Ham & cheese Salad
 PB & J sandwich
 Veggie of the Day



Fall Break



9 Breakfast
 Scrambled egg & sausage
Lunch
 Chef Salad
 Cheese Chilaquiles
 Corn Dog
 Ham Sandwich
 Fajita Chicken Fried Rice
 Veggie of the Day

10 Breakfast
 French Toast Sticks
Lunch
 Chicken Caesar salad
 Hamburger
 Ham & Cheese wrap
 Beef Corn Tacos
 Ham & Cheese Sandwich
 Veggie of the Day

11 Breakfast
 Sausage Bagel Sandwich
Lunch
 Spicy chicken Sandwich
 Beef nachos
 Chicken Teriyaki
 Beef Corn Tacos
 Ham, Turkey & Cheese Sandwich
 Veggie of the Day

12 Breakfast
 Scrambled Egg Chorizo
Lunch
 Orange Chicken
 Hot Dog
 PB & J Sandwich
 Hot Chicken Noddle Soup
 Grilled Ham & Cheese Sandwich
 Veggie of the Day

13 Breakfast
 Golden Pancakes
Lunch
 Spicy Chicken Sandwich
 Cheese Stuffed Breadstick
 Beef Corn Tacos
 Chef Salad
 Beef Teriyaki
 Veggie of the Day

16 Breakfast
 Ham & Cheese Quesadilla
Lunch
 Cheeseburger
 Chicken Alfredo
 Cheese Enchilada
 Turkey Sandwich
 Cheese Pizza
 Veggie of the Day

17 Breakfast
 Scrambled Eggs & Cheese
Lunch
 Spicy Chicken Salad
 Popcorn Chicken
 Beef Chile Colorado
 Spicy Chicken Sandwich
 Ham, Turkey & Cheese Sandwich
 Veggie of the Day

18 Breakfast
 Cinnamon Rolls
Lunch
 Italian Chicken Pasta Primavera
 Pulled Pork Torta
 Spicy Chicken Sandwich
 Chicken salad
 Cheeseburger
 Veggie of the Day

19 Breakfast
 Bean & Cheese Burrito
Lunch
 Sweet & sour Chicken
 Beefy macaroni
 PB & J Sandwich
 Turkey & Cheese Sandwich
 Pepperoni Pizza
 Veggie of the Day

20 Breakfast
 Scrambled Eggs
Lunch
 Hot Dog
 Beef nachos
 Chicken Nuggets
 Chicken Salad
 Ham & Cheese Sandwich
 Veggie of the Day

23 Breakfast
 Ham & Cheese Quesadilla
Lunch
 Cheeseburger
 Chicken Alfredo
 Cheese Enchilada
 Turkey Sandwich
 Cheese Pizza
 Veggie of the Day

24 Breakfast
 Scrambled Eggs & Ham
Lunch
 Beef Lasagna
 Chicken Sandwich
 Chicken Caesar salad
 Turkey Sandwich
 Beef Corn tacos
 Veggie of the Day



Fresh Fruit Selection & Reduced Sugar Cereals Available Daily at Breakfast