

# JANUARY

## Nogales High School Menu



Questions or Comments?  
 Ed Banelos  
 General Manager of Foodservice  
 Phone: 520-287-0800 ext 2520



### MONTHLY PROMOTION

Check out our new website, NutriSlice. This website allows for you to build your child's menu for the day, keep track of calorie intake and much more! Go to [nUSD.nutrislice.com](http://nUSD.nutrislice.com)!

### DAILY SELECTIONS

Hamburger or Cheeseburger  
 Spicy Chicken Sandwich  
 Cheese or Pepperoni Pizza

### DAILY SELECTIONS

Deli Subs & Wraps  
 Fresh Fruit and Vegetable Bar  
 Assorted Low Fat Milk

This institution is an equal opportunity provider.

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday



**1**  
**Breakfast**  
 Egg & Potato Burrito  
**Lunch**  
 Corn Dog  
 Cheddar Cheese Quesadilla  
 Spicy Chicken Sandwich  
 Chicken Parmesan  
 Orange Chicken  
 Veggie of the Day

**2**  
**Breakfast**  
 Sausage & Cheese Omelet  
**Lunch**  
 Chicken Alfredo  
 Grilled Cheeseburger  
 Pepperoni Pizza  
 Hot Dog  
 Sweet & Sour Chicken  
 Veggie of the Day

**3**  
**Breakfast**  
 Breakfast Pizza  
**Lunch**  
 Crispy Chicken Salad  
 Beef Nachos  
 Spicy Chicken Sandwich  
 Chicken Mole (nut free)  
 Teriyaki Chicken  
 Veggie of the Day

**4**  
**Breakfast**  
 Scrambled Eggs  
**Lunch**  
 Beef Corn Tacos  
 Grilled Cheese w/soup  
 Big Texan Stacker  
 Pepperoni Pizza  
 Pulled Pork Corn Tacos  
 Veggie of the Day

**5**  
**Breakfast**  
 Breakfast Waffle  
**Lunch**  
 Grilled Cheeseburger  
 Chicken Tenders  
 Beef Lasagna  
 Buffalo Chicken Salad  
 Cheese enchiladas  
 Veggie of the Day



**16**  
**Breakfast**  
 Ham & Cheese Omelet  
**Lunch**  
 Chicken Nugget Potato Bowl  
 Beef & Vegetable Stir Fry  
 Cheese Stuffed Breadstick  
 Cheesy Pomodoro Spaghetti  
 Orange Chicken  
 Veggie of the Day

**17**  
**Breakfast**  
 Scrambled Egg Cheese & Ham  
**Lunch**  
 Rotisserie Chicken  
 Pepperoni Pizza  
 Ham & Cheese Panini  
 Chicken Teriyaki  
 Corn Dog  
 Veggie of the Day

**18**  
**Breakfast**  
 French Toast Sticks  
**Lunch**  
 Popcorn Chicken  
 Hot Dog  
 Spicy Chicken Caesar Salad  
 Beef Lasagna  
 Teriyaki Beef & Broccoli Stir Fry  
 Veggie of the Day

**19**  
**Breakfast**  
 Oatmeal w/ peaches  
**Lunch**  
 Grilled Cheeseburger  
 Chicken Mole (nut free)  
 Diablo Sauced Chicken Nuggets  
 Italian Melt Panini  
 Chicken Tenders  
 Veggie of the Day

**22**  
**Breakfast**  
 Pancakes  
**Lunch**  
 Spaghetti w/meat balls  
 Beef Corn Tacos  
 Ham & Cheese Panini  
 Orange Chicken  
 Supreme Crumbles Pizza  
 Veggie of the Day

**23**  
**Breakfast**  
 Sausage & Cheese Omelet  
**Lunch**  
 Spicy Chicken Sandwich  
 Sweet & Sour Chicken  
 Big Texan Stacker  
 Popcorn Chicken  
 Carne Asada  
 Veggie of the Day

**24**  
**Breakfast**  
 Scrambled Egg Chorizo  
**Lunch**  
 Cheese stuffed breadsticks  
 Pepperoni Pizza  
 Chicken Nuggets  
 Breaded Baked Chicken  
 Fajita Chicken Fried Rice  
 Veggie of the Day

**25**  
**Breakfast**  
 Breakfast Pizza  
**Lunch**  
 Ham & Cheese Wrap  
 Beef Corn Tacos  
 Grilled Ham & Cheese  
 Chili-Cheese baked Potato  
 Chicken Caesar Salad  
 Veggie of the Day

**26**  
**Breakfast**  
 Egg & Cheese Quesadilla  
**Lunch**  
 Beef Teriyaki & Broccoli Stir Fry  
 Pepperoni Calzone  
 Spicy Buffalo Chicken Stacker  
 Melted Sausage Crumbles Pizza  
 Chicken Parmesan  
 Veggie of the Day

**29**  
**Breakfast**  
 Egg & Cheese Burrito  
**Lunch**  
 Chicken Caesar Salad  
 Grilled Cheese Sandwich w/ soup  
 Orange Chicken  
 Beefy Macaroni  
 Pulled Pork Torta  
 Veggie of the Day

**30**  
**Breakfast**  
 Ham & Cheese Omelet  
**Lunch**  
 Grilled Cheeseburger  
 Hot Dog  
 Chicken Tenders  
 Spicy Buffalo Chicken Stacker  
 Cheddar Cheese Quesadilla  
 Veggie of the Day

**31**  
**Breakfast**  
 Pancakes  
**Lunch**  
 Chicken Corn Tacos  
 Pulled Pork Corn Tacos  
 Chili-Cheese Baked Potato  
 Tangy Chicken Teriyaki  
 Breaded Baked Chicken  
 Veggie of the Day

Menu is subject to change.

Fresh Fruit Selection & Reduced Sugar Cereals Available Daily at Breakfast

Adult Meal Prices    Breakfast: \$2.25    Lunch: \$3.25