

# DECEMBER

## Nogales High School Menu



Questions or Comments?

Ed Banuelos

General Manager of Foodservice

Phone: 520-287-0800 ext 2520



### MONTHLY PROMOTION

Check out our new website, NutriSlice. This website allows for you to build your child's menu for the day, keep track of calorie intake and much more! Go to [nUSD.nutrislice.com](http://nUSD.nutrislice.com)!

### DAILY SELECTIONS

Hamburger or Cheeseburger  
Spicy Chicken Sandwich  
Cheese or Pepperoni Pizza

### DAILY SELECTIONS

Deli Subs  
Fresh Fruit and Vegetable Bar  
Assorted Low Fat Milk



This institution is an equal opportunity provider.

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Menu is subject to change.

Fresh Fruit Selection & Reduced Sugar Cereals Available Daily at Breakfast

**1** Breakfast  
Egg & Cheese Quesadilla

Lunch  
Cheeseburger  
Beef Teriyaki stir fry  
Beef Corn Tacos  
Spicy Buffalo Chicken Stacker  
Chicken Alfredo  
Veggie of the Day

**4** Breakfast  
French Toast Sicks

Lunch  
Tuna Salad Sandwich  
Supreme Crumbles Pizza  
Spicy Chicken Sandwich  
Popcorn Chicken  
Orange Chicken  
Veggie of the Day

**5** Breakfast  
Ham & Cheese Omelet

Lunch  
Chef Salad  
Hot Dog  
Sweet & Sour Chicken  
Beef Corn tacos  
Beefy macaroni  
Veggie of the Day

**6** Breakfast  
Pancakes

Lunch  
PB&J Sandwich  
Chicken Teriyaki  
Grilled Cheese w/ soup  
Italian Chicken Pasta Primavera  
Tacos Pibil  
Veggie of the Day

**7** Breakfast  
Egg & Ham Burrito

Lunch  
Chicken Burrito  
Ham & Cheese Salad  
Popcorn Chicken  
Pepperoni Pizza  
Spaghetti w/ meatballs  
Veggie of the Day

**8** Breakfast  
Pastry

Lunch  
Beef & Bean Burrito  
Tinga Tacos  
Spicy Chicken Sandwich  
Chicken Mole (Nut Free)  
Corn Dog  
Veggie of the Day

**11** Breakfast  
Egg & Cheese Bagel

Lunch  
Chef Salad  
Buffalo Chicken Nuggets  
Grilled Ham & Cheese Sandwich  
Cheese Chilaquiles  
Orange Chicken  
Veggie of the Day

**12** Breakfast  
Sausage & Cheese Omelet

Lunch  
Chicken Sandwich  
Chicken Tenders  
Sweet & Sour Chicken  
Beef Lasagna  
Cheese Enchilada  
Veggie of the Day

**13** Breakfast  
Ham & Cheese Burrito

Lunch  
Grilled Cheese Sandwich  
Popcorn Chicken  
Chicken Chimichanga  
Beefy Macaroni  
Chicken Chop Suey  
Veggie of the Day

**14** Breakfast  
French Toast Sticks

Lunch  
Kung Pao Chicken  
Ham & Cheese Wrap  
Hot Dog  
Chicken Parmesan  
Beef Chile Colorado  
Veggie of the Day

**15** Breakfast  
Scrambled Egg Chorizo

Lunch  
Buffalo Chicken Salad  
Cheese Stuffed Breadstick  
Beef Tostada  
Beef & Broccoli Stir fry  
Chicken Tenders  
Veggie of the Day

**18** Breakfast  
Scrambled Eggs

Lunch  
Spicy Chicken Sandwich  
Fajita Chicken Fried Rice  
Spaghetti Meatsauce  
Buffalo Chicken Nuggets  
Pepperoni Pizza  
Veggie of the Day

**19** Breakfast  
Ham & Cheese Omelet

**20** Breakfast  
Pastry

**21** Breakfast  
Homemade Oatmeal

**22** Breakfast  
Sliced Bagel

**26**

**27**

**28**

**29**

happy holidays

Adult Breakfast Meal Price: \$2.25    Adult Lunch Meal Price: \$3.25