

# JANUARY

## Middle School 6-8 Menu



Questions or Comments?  
 Ed Banuelos  
 General Manager of Foodservice  
 Phone: 520-287-0800 ext 2520



### MONTHLY PROMOTION

Check out our new website, NutriSlice. This website allows for you to build your child's menu for the day, keep track of calorie intake and much more! Go to [nUSD.nutrislice.com](http://nUSD.nutrislice.com)!

### DAILY SELECTIONS

Hamburger or Cheeseburger  
 Spicy Chicken Sandwich  
 Cheese or Pepperoni Pizza

### DAILY SELECTIONS

Deli Subs & Wraps  
 Fresh Fruit and Vegetable Bar  
 Assorted Low Fat Milk

This institution is an equal opportunity provider.

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

1 	2 	3 	4 	5 
<p>8 <b>Breakfast</b> Pancakes <b>Lunch</b> Ham, Turkey &amp; Cheese Sandwich Chicken Caesar Salad Corn Dog Cheddar Cheese Quesadilla Chicken Parmesan w/ spaghetti Veggie of the Day</p>	<p>9 <b>Breakfast</b> Sliced Bagel <b>Lunch</b> Chef Salad Pepperoni Pizza Spicy Chicken Sandwich Chicken Alfredo Orange Chicken Veggie of the Day</p>	<p>10 <b>Breakfast</b> Breakfast Pizza <b>Lunch</b> Crispy Chicken Salad Grilled Cheeseburger Beefy nachos Teriyaki Chicken Pepperoni Pizza Veggie of the Day</p>	<p>11 <b>Breakfast</b> Scrambled Egg Chorizo <b>Lunch</b> Ham &amp; Cheese Sandwich Chicken Caesar Salad Grilled Cheese Sandwich Chicken Burrito Teriyaki Beef &amp; Broccoli Stir Fry Veggie of the Day</p>	<p>12 <b>Breakfast</b> Banana Muffin <b>Lunch</b> Cheese Enchilada Supreme Crumbles Pizza Buffalo chicken Salad Grilled Cheeseburger Fajita Chicken &amp; Vegetable Fried Rice Veggie of the Day</p>
15 	<p>16 <b>Breakfast</b> French Toast <b>Lunch</b> Ham &amp; Cheese Sandwich Pepperoni Pizza Chicken Sandwich Cheese Stuffed Breadstick Sweet &amp; Sour Chicken Veggie of the Day</p>	<p>17 <b>Breakfast</b> Scrambled Egg Chorizo <b>Lunch</b> Chicken Caesar Salad Corn Dog Popcorn Chicken Beef Chile Verde Chicken Nuggets Potato Bowl Veggie of the Day</p>	<p>18 <b>Breakfast</b> Cinnamon Roll <b>Lunch</b> Spicy Crispy Chicken Caesar Salad Supreme Pizza Hot Dog Beef Lasagna Beef Corn Tacos Veggie of the Day</p>	<p>19 <b>Breakfast</b> Scrambled Egg Cheese &amp; Sausage <b>Lunch</b> Chicken Salad Pepperoni pizza Spicy Chicken Sandwich Chicken Tenders Chicken Mole (Nut free) Veggie of the Day</p>
<p>22 <b>Breakfast</b> Sliced Bagel <b>Lunch</b> Ham Sandwich Pepperoni Pizza Chicken Sandwich Mozz Cheese Quesadilla Spaghetti w/ Meat balls Veggie of the Day</p>	<p>23 <b>Breakfast</b> French Toast Sticks <b>Lunch</b> Chicken Caesar Salad Hamburger Popcorn Chicken Chicken Alfredo Pepperoni Pizza Veggie of the Day</p>	<p>24 <b>Breakfast</b> Bean &amp; Cheese Burrito <b>Lunch</b> Chef Salad Pepperoni Pizza Ham Sandwich Spicy Chicken Sandwich Teriyaki Chicken Veggie of the Day</p>	<p>25 <b>Breakfast</b> Breakfast Pizza <b>Lunch</b> Ham, Turkey &amp; Cheese Sandwich Chicken Caesar Salad Chicken Noodle Soup Grilled Ham &amp; Cheese Sandwich Beef Tostada Veggie of the Day</p>	<p>26 <b>Breakfast</b> Egg &amp; Cheese Quesadilla <b>Lunch</b> Turkey &amp; Cheese Sandwich Buffalo Chicken Salad Grilled Cheeseburger Teriyaki Beef &amp; Broccoli Stir Fry Chicken Parmesan Veggie of the Day</p>
<p>29 <b>Breakfast</b> French Toast Sticks <b>Lunch</b> Chicken Caesar Salad Cheese Pizza Grilled Cheeseburger Orange Chicken Beefy Macaroni Veggie of the Day</p>	<p>30 <b>Breakfast</b> Oatmeal w/ peaches <b>Lunch</b> Ham &amp; Cheese Sandwich Pepperoni Pizza Hot Dog Chicken Mole (nut free) Popcorn Chicken Veggie of the Day</p>	<p>31 <b>Breakfast</b> Breakfast on a stick <b>Lunch</b> Popcorn Chicken Salad Corn Dog Beef Nachos Pepperoni Pizza Italian Chicken Pasta Primavera Veggie of the Day</p>	<p>Menu is subject to change.</p>	<p>Fresh Fruit Selection &amp; Reduced Sugar Cereals Available Daily at Breakfast</p>

Adult Meal Prices    Breakfast: \$2.25    Lunch: \$3.25