

# JANUARY

## Desert Shadows Middle School Lunch Menu



Questions or Comments?  
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 Director of Dining Services  
 Phone: 520-287-0800 ext 2520



### MONTHLY PROMOTION

Check out our new website, WebConnect. This website allows for you to build your child's menu for the day, keep track of calorie intake and much more! Go to <http://www.healtheliving.net/instance/2023659/district/2104905>

### DAILY SELECTIONS

Hamburger or Cheeseburger  
 Spicy Chicken Sandwich  
 Cheese or Pepperoni Pizza

### DAILY SELECTIONS

Deli Subs  
 Fresh Fruit and Vegetable Bar  
 Assorted Low Fat Milk

This institution is an equal opportunity provider.

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

2

3

*Happy New Year*

4

5

6

9

**Lunch**  
 Corn Dog  
 Ham, Turkey & Cheese Sandwich  
 Chicken Fried Rice

**Breakfast**  
 Chocolate Muffin

10

**Lunch**  
 Ham & Cheese Sandwich  
 Chicken Mole (Nut **FREE**)  
 Spicy Chicken Sandwich

**Breakfast**  
 Pancakes

11

**Lunch**  
 Beefy Nachos  
 Cheeseburger  
 Turkey & Cheese Sandwich

**Breakfast**  
 Scrambled Eggs & Cheese

12

**Lunch**  
 Hot Dog  
 Pepperoni Pizza  
 Grilled Cheese Sandwich & Soup

**Breakfast**  
 Cinnamon Rolls w/ Sausage

13

**Lunch**  
 Turkey & Cheese Sandwich  
 Beef Tacos  
 Hamburger

**Breakfast**  
 Waffle Stix

16

17

**Lunch**  
 Chicken Enchiladas  
 Ham & Cheese Sandwich  
 Breaded Chicken Sandwich

**Breakfast**  
 Homemade Oatmeal

18

**Lunch**  
 Nachos  
 Hot Dog  
 Ham, Turkey & Cheese Sandwich

**Breakfast**  
 Scrambled Eggs w/ Chorizo

19

**Lunch**  
 Orange Chicken  
 Spicy Chicken Sandwich  
 Turkey & Cheese Sandwich

**Breakfast**  
 Blueberry Muffin

20

**Lunch**  
 Chicken Tenders  
 Pepperoni Pizza  
 Ham, Turkey & Cheese Sandwich

**Breakfast**  
 Scrambled Egg & Sausage

23

**Lunch**  
 Chicken Cacciatore  
 Turkey & Cheese Sandwich  
 Hot Dog

**Breakfast**  
 Pancakes w/ Sausage

24

**Lunch**  
 Chicken Tenders  
 Spicy Chicken Sandwich  
 Ham & Cheese Sandwich

**Breakfast**  
 French Toast Sticks

25

**Lunch**  
 Chicken Teriyaki  
 Ham Sandwich  
 Corn Dog

**Breakfast**  
 Bean & Cheese Burrito

26

**Lunch**  
 Hamburger  
 Ham, Turkey & Cheese Sandwich  
 Chicken Noodle Soup

**Breakfast**  
 Homemade Oatmeal

27

**Lunch**  
 Italian Dunkers  
 Spicy Chicken Sandwich  
 Turkey & Cheese Sandwich

**Breakfast**  
 Fluffy Egg & Cheese Quesadilla

30

**Lunch**  
 Orange Chicken  
 Turkey & Cheese Sandwich  
 Cheeseburger

**Breakfast**  
 Mixed Berry Cereal Bar

31

**Lunch**  
 Hot Dog  
 Ham & Cheese Sandwich  
 Beefy Macaroni

**Breakfast**  
 Banana Muffin

Menu is subject to change.

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Fresh Fruit Selection & Reduced Sugar Cereals Available Daily at Breakfast

Adult Breakfast Meal Price: \$2.25    Adult Lunch Meal Price: \$3.25